

Bainbridge Bulletin

We will be CLOSED:
Monday Nov 11th for Veteran's Day
& Thursday Nov 28th & Friday Nov
29th for Thanksgiving.

Lunch & Learn
Laurels of Chagrin Falls will provide a
free Lunch & Learn Session on Wednes-
day Nov 20th at Noon to discuss home
safety and preventing falls. *Registration
Req. before 11/18

MAHJONG MIXER 11/27- Please call
440-479-1313 to RSVP

Tuesday, November 19th:

The Bainbridge Book Club will be dis-
cussing Chess Prodigies. Please call to
get a list of suggested books and register
if you would like a complimentary lunch,
(440) 279-1313.

Thursday November 21st:

Big Breakfast Join the Bainbridge Senior
Center for our monthly big break- fast.
Veterans and November birthdays are
free to attend. The cost is \$5 for every-
one else. On the menu: Savory Ham &
Veggie Quiche & fruit. Please RSVP by
Friday, 11/15.

Movie Matinee

Every Monday the Bainbridge Senior
Center offers a lunch and movie at 12
pm, free of charge. November's theme is
Modern Musicals. Reservations are
not required but encouraged to ensure a
meal for all attendees.

Geauga Park District 11/15

On Friday at Noon for a pay-your-
own-lunch from Tippy Bull Tavern and
a presentation provided by GPD. Titled
"Comeback Critters" they'll discuss resto-
ration efforts that have resulted in some
of Ohio's wild life making a remarkable
comeback!

Thanksgiving Feast 11/8

Kick off the holiday season with friends
at BSC! Sit down and enjoy roast turkey
and all the fixings. \$12. Register by Mon-
day 11/4.

Limitless Learning


Schedule further back in newsletter for
the lineup and program details about this
engaging and informative documentary
series!

Cooking with Keri

Learn how to make super easy, 3 ingre-
dient tomato pasta dish on a sheet pan
on Thursday, November 14th Cost is
\$5; registration and payment are due by
Friday, Nov 8th.

Bainbridge Senior Center

440-279-1313

MONDAY	TUESDAY
<p>Recreation & Education Coordinator: <i>Keri Skrtic</i></p> <p>Recreation & Education Assistant: <i>Valerie Garland</i></p>	
4	5
<p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch & a Movie (<i>Mamma Mia</i>)</p>	<p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-12:00 Mahjong 12:00-1:00 Soup & Salad Lunch Tomato Soup and Grilled Cheese (\$5, registration required)</p>
11	12
	
18	19
<p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch & a Movie (<i>Les Miserables</i>)</p>	<p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-12:00 Mahjong 12:00-12:30 Lunch 12:00-1:00 Bainbridge Book Club -Chess Prodigies</p>
25	26
<p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch & a Movie (<i>Into the Woods</i>)</p>	<p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-12:00 Mahjong 12:00-12:30 Lunch 2:00—CLOSED, Staff Meeting</p>

Bainbridge Senior Center

17751 Chillicothe Rd. Bainbridge, OH 44023

WEDNESDAY	THURSDAY	FRIDAY
		1
		<p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong 1:00-2:00 Limitless Learning</p>
6	7	8
<p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 11:00-12:00 Bingo 10:30-11:30 Line Dancing 12:30-2:00 Out to Lunch Group (<i>First Watch—Solon</i>) 1:00-2:00 Limitless Learning</p>	<p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 11:30-12:30 Tiramisu Tutorial w/ Valerie \$5, registration required) 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 2:00-3:00 Yoga Nidra</p>	<p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong 1:00-2:00 Limitless Learning 1:00-3:00 Thanksgiving Feast (\$12, Registration Req'd)</p>
13	14	15
<p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 11:00-12:00 Bingo 10:30-11:30 Line Dancing 12:30-2:00 Out to Lunch Group (<i>El Camino—Aurora</i>) 1:00-2:00 Limitless Learning</p>	<p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 2:00-3:00 Yoga Nidra 3:00-4:00 Cooking with Keri (\$5, prior registration req'd— Easy Sheetpan Pasta Sauce)</p>	<p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong 12:00-12:30 Geauga Park District Presentation -Comeback Critters 1:00-2:00 Limitless Learning</p>
20	21	22
<p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 11:00-12:00 Bingo 10:30-11:30 Line Dancing 12:00-1:00 Lunch & Learn, FALL PREVENTION 12:30-2:00 Out to Lunch(Thai Story)</p>	<p>9:00-10:00 BIG BREAKFAST (Prior Registration Required) 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:30 Iris Folding</p>	<p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong 1:00-2:00 Limitless Learning</p>
27		
<p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 11:00-12:00 Bingo 10:30-11:30 Line Dancing 12:30-2:00 Out to Lunch Group (56 Kitchen—Solon) 1:00-2:00 Limitless Learning</p>	